
la
Food
sitter
travels


NEW YORK



Together with lafoodsitter, you will have an exceptional gastronomic experience during a five-day trip to New York.

A personally curated tour will take you on a culinary journey through the city's best destinations.

Fascinating stories about the food and culture of the city will be shared during tours of markets, restaurants, and local establishments.

You will have the opportunity to taste a variety of authentic dishes and flavors, immersed in this melting pot that only New York knows how to provide.

Team

Marcela Senise	Founder / Director @lafoodsittertravels
João Rodrigues	Chef Curator @joaojvr
Tamar Arslanian	Partner Curator @flirtingwithvegan
Andrea Strong	Jornalist & Concierge @strongbuzz
Carlos Coelho	Art Director @soulcarioca
Leo Miessler	Consultant @gourmet_e_o_carvalho
Miro	Photographer @miro_foto



Marcela Senise, a curator and gastronomic consultant by profession, known as lafoodsitter, has an extensive international experience.

Having lived for 25 years in England, Italy, and the United States, she has a solid background and collaborated with renowned chefs and brands.

However, her heart belongs to New York, where she shares her unique perspective with visitors, revealing the true New Yorker side that goes beyond conventional tourism.

She enjoys showing where everyday life happens in this city that never sleeps, as Frank Sinatra sang



João Rodrigues, a former lawyer, followed his passion for gastronomy and became a talented chef.

He finds inspiration in the authentic flavors of Italian cuisine and the diversity and cultural power of New York.

João believes in the power of food to create connections and offer meaningful memories to those who experience his creations.

Partners

Andrea Strong, renowned journalist with expertise in New York restaurants, with publications in The New York Times, Eater, and Food & Wine.

Currently, she manages **The Culinary Concierge**, planning authentic culinary adventures in New York.

Her partnership will ensure the best gastronomic experience in the city.





Tamar Arslanian is the founder of the popular blog IHAVECAT and author of the book *Shop Cats of New York*, which received acclaim from The New York Times, USA Today, and The New York Post.

Recently, she founded **"Flirting With Vegan"**, a tour organization that encourages all food lovers to give delicious plant-based cuisine a chance.



Em parceria com

ORNARE PACCO Flirting with Vegan CULINARY CONCIERGE. naked nuts

Thank you!

See you in NY!




la
Food
sitter
travels